






January 2024

ARDSLEY HS | LUNCH MENU

Student Lunch \$3.00
Adult Lunch \$5.02 + tax
 All Lunch MUST include Choice of: Fruits or 100% Fruit Juice and may include: 1% low-fat milk

Powering potential.

MON	TUES	WED	THURS	FRI
 ¹	 ²	Cheese ravioli ³ WG breadstick Roasted green beans	BYO burger bar ⁴ Assorted condiments Fries Carrot coins	Grilled chicken pasta ⁵ primavera WG garlic breadstick Roasted broccoli
Spaghetti and beef meatballs, WG garlic breadsticks Roasted cauliflower ⁸	Chicken and cheese fajita, cilantro lime rice Roasted corn and black beans ⁹	Chicken and vegetable fried rice Peas and carrots ¹⁰	Breaded chicken drumsticks, mashed potato w/ gravy Steamed corn ¹¹	Sausage and peppers on a club roll Roasted broccoli ¹²
 ¹⁵	Beef nachos with cheese sauce, salsa, sc, lettuce and tomato Seasoned red beans ¹⁶	Greek beef gyro ¹⁷ Lettuce, tomato, roasted onions & tzatziki sauce & Waffle Fries	Boneless wings w/ BBQ or hot sauce & WG breadstick Tots Celery sticks ¹⁸	Chicken cheesesteak on a roll w/ fries Steamed Spinach ¹⁹
Chicken cordon bleu w/ brown rice Roasted Brussels sprouts ²²	Soft fish tacos w/ cabbage slaw and corn Waffle fries ²³	Chicken Alfredo w/ penne WG garlic breadstick Caesar Salad ²⁴	Spaghetti with meat sauce WG breadstick Carrot coins ²⁵	Sweet and sour chicken w/ lo mein noodles Roasted broccoli ²⁶
BYO fry bar ²⁹ Beef chili and cheese sauce Assorted condiments Roasted cauliflower	Chicken and cheese burritos, seasoned rice and beans w/ sc and salsa Steamed corn ³⁰	Baked ziti ³¹ WG garlic breadstick Roasted squash		

Menus are subject to change.



Alternate Daily Meals:
 Apples, Oranges and Carrots
 Plain or Pepperoni Pizza
 Garden Salad
 Spicy or Plain Chicken Patty
 Cheeseburger/ Hamburgers
 Fresh Fruit Smoothies
 Fresh Fruit Parfaits with Granola

All Lunches Must
 Include Choice of:
 Fruits and/or
 Vegetable
 And May Include:
 1% Low-Fat Milk

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 STUDENT
 NUTRITION

This institution is an equal opportunity provider.